

## Weekly Schedule

Time	Sunday	Monday	Time	Tuesday	Wednesday	Thursday	Time	Friday	Saturday	Time
5.00			5.00				5.00			5.00
5.30			5.30				5.30			5.30
6.00			6.00				6.00			6.00
6.30			6.30				6.30			6.30
7.00			7.00				7.00			7.00
7.30			7.30				7.30			7.30
8.00			8.00				8.00			8.00
8.30			8.30				8.30			8.30
9.00	Sunday School & Church		9.00				9.00			9.00
9.30			9.30				9.30			9.30
10.00			10.00				10.00		Church Wide Soulwinning	10.00
10.30			10.30				10.30			10.30
11.00			11.00				11.00			11.00
11.30		11.30				11.30			11.30	
12.00			12.00							12.00
12.30			12.30				12.30			12.30
1.00			1.00				1.00			1.00
1.30			1.30				1.30			1.30
2.00			2.00				2.00			2.00
2.30			2.30				2.30			2.30
3.00			3.00				3.00			3.00
3.30			3.30				3.30			3.30
4.00			4.00				4.00			4.00
4.30			4.30				4.30			4.30
5.00			5.00				5.00			5.00
5.30			5.30				5.30			5.30
6.00	CHURCH		6.00		CHURCH		6.00			6.00
6.30			6.30				6.30			6.30
7.00			7.00				7.00			7.00
7.30			7.30				7.30			7.30
8.00			8.00				8.00			8.00
8.30			8.30				8.30			8.30
9.00			9.00				9.00			9.00
9.30			9.30				9.30			9.30
10.00			10.00				10.00			10.00
10.30			10.30				10.30			10.30
11.00			11.00				11.00			11.00
11.30			11.30				11.30			11.30
12.00			12.00				12.00			12.00

## Instructions for Creating a Sustainable Schedule

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- 1 Realize time is the most important asset God has entrusted to you and that you must spend it wisely.  
*Psalms 90:12 "So teach us to number our days, that we may apply our hearts unto wisdom."*
- 2 A schedule is simply a budget of your time.
- 3 Biblical principles of stewardship must be applied to our time.
- 4 If I belong to God, then all of my time belongs to God.  
*1 Corinthians 6:19-20 "What? know ye not that your body is the temple of the Holy Ghost which is in you, which ye have of God, and ye are not your own? (20) For ye are bought with a price: therefore glorify God in your body, and in your spirit, which are God's."*
- 5 Consider tithing you time. If I tithe my time, God deserves no less than 16.8 hours a week.  
Here is the breakdown I recommend: 4 Church services = 6 hrs, Weekly SW & ministry = 4 hrs, Daily hour with God = 7 hrs  
*Hebrews 10:23-25; Matthew 28:18-20; Matthew 26:40*
- 6 Believe that God will allow you to accomplish more if you give Him your time.  
*Proverbs 15:19 "The way of the slothful man is as an hedge of thorns: but the way of the righteous is made plain."*
- 7 Prioritize your life by God's commands.  
Take time to:
  - walk with God in prayer and Bible study.
  - build life around church services and activities.
  - fulfill your family responsibilities.
  - work to provide the earthly needs for family.
  - minister in Jesus' Name and tell others about Him.
  - relax and unwind with recreation or a hobby.
- 9 Find time for everything **God Commands** you to do.  
*Exodus 40:16 "Thus did Moses: according to all that the LORD commanded him, so did he."*
- 8 Start with your fixed responsibilities. (ie. church, work, soulwinning, etc.)
- 10 Make the sacrificial choices necessary to obey the Lord and follow His commands.  
*"God will never ask of you more than you can handle, but people will." -Pastor Robert Ross*
- 11 Next, continue to fill in your schedule based on God's priorities and your role-based duties.
- 12 If it's important to you, put it on your schedule.
- 13 It is wise to leave some gaps in your schedule for future appointments and unknowns.
- 14 See if there is time left to do what you WANT to do.
- 15 Plan a weekly review of your schedule at the beginning of each week and make necessary adjustments.
- 16 If you have a constantly changing schedule, make a new schedule each week.
- 17 During crazy times when your schedule seems out of your hands, hang in there, pray about it daily and make the tough choices to obey the Lord.

Find this form, plus more help and encouragement at [PaulEChapman.com](http://PaulEChapman.com).